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## **Factors Influencing the Professional Self-Fulfillment of Police Officers: An Analysis of Current Trends**

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**Abstract:** Professional self-realization of police officers depends on numerous factors, including individual characteristics, organizational conditions, social support, and external influences. The results of the study indicate that internal motivation, psychological stability and professional skills play an important role in the professional growth of police officers. The research used such general scientific methods as analysis, synthesis, induction, deduction, abstraction, generalization. Favorable working conditions, management support and opportunities for career growth also contribute to professional satisfaction. Social support from colleagues and family helps reduce stress levels. Modern trends focus on psychological health and professional development, which ensures the effective activity of police officers.

**Keywords:** professional self-realization, police officers, modern trends.

## Introduction

Professional self-realization of police officers is critically important for ensuring the effectiveness and reliability of law enforcement activities. However, despite the significant role that police officers play in society, their job satisfaction is often compromised by numerous internal and external factors. Individual characteristics, such as motivation and psychological resilience, organizational conditions, including management support and working conditions, as well as social support and external influences, such as public opinion and economic conditions, can both facilitate and hinder the professional development of police officers. Analysis of current trends in this area is necessary to identify problems and develop effective strategies to support police officers in their professional growth.

## Results

A significant number of researchers have studied the factors affecting the professional self-realization of police officers. In particular, Bilevich (2020) explores the psychological support necessary for female police officers in Ukraine, emphasizing the unique challenges they face. The study suggests tailored support programs to enhance their professional performance and well-being. Hryshchenko (2023) assesses the impact of professional self-realization on the effectiveness of police officers. The article analyzes key performance indicators influenced by self-realization and proposes methods to foster this among officers. Zadorozhna (2020) examines the formation of professional competence in future precinct police officers. The study identifies main characteristics and suggests training strategies to develop essential competencies. Kamishanskyi (2020) discusses the specifics of professional orientation for police officers in Ukraine, focusing on the necessary psychological and educational foundations to support their orientation and integration into the force. Kisil, Kisil (2020) investigate the legal and psychological foundations of professional deformation among the National Police of Ukraine. They highlight factors contributing to professional deformation and propose mitigation strategies. Ponomarenko's studies (2023) provide a comprehensive analysis of the personal and professional feasibility of police officers. The research covers aspects such as the specificity of feasibility based on years of service, gender differences, and the influence of professional self-realization on time perspective. Tverdokhlebova (2020) highlights the features of professional self-realization in the context of psychological and pedagogical issues within the Ministry of Internal Affairs of Ukraine. The study emphasizes the importance of self-realization for professional growth. Shvets, Kisil (2023) explore professional deformation in the National Police of Ukraine from both legal and psychological perspectives. They provide insights into the causes and consequences of professional deformation and recommend preventive measures.

Professional self-realization of police officers is a critically important aspect for ensuring the effectiveness and reliability of law enforcement activities. Current trends indicate that there are many factors that influence the ability of police officers to achieve high levels of job satisfaction and development. These factors can be divided into several main categories: individual characteristics, organizational conditions, social support, and external influences. One of the key factors affecting

professional self-realization is the individual characteristics of police officers. This includes their personal values, motivation, psychological resilience and professional skills. Police officers who have a high level of internal motivation and psychological stability are more likely to achieve professional satisfaction. In addition, the development of professional skills through continuous learning and training contributes to increased self-confidence and job satisfaction (Tverdokhlebova, 2020).

Organizational conditions also play an important role in the professional self-realization of police officers. This includes working conditions, level of support from management, opportunities for career advancement, and availability of resources to perform job duties. Organizations that create favorable conditions for work, provide appropriate equipment and support the professional development of their employees contribute to increasing the level of professional satisfaction and self-realization of police officers. Social support is another important factor affecting the professional self-realization of police officers. Support from colleagues, family and friends can significantly increase job satisfaction and reduce stress levels. Team spirit and cooperation among police officers fosters a positive work environment that encourages professional development and satisfaction. External influences such as public opinion, economic conditions, and legislative changes can also affect the professional self-actualization of police officers. A positive public attitude towards the police, adequate funding and a fair legal framework contribute to an increase in the level of professional satisfaction. On the contrary, negative public opinion, limited resources and frequent changes in legislation can create additional stress and obstacles to self-realization (Bilevich, 2020).

Modern trends show that more and more attention is paid to the psychological health of police officers, their professional development and the creation of favorable working conditions. For example, many countries are implementing mental health support programs that help reduce stress and burnout among police officers. In addition, the number of opportunities for professional training and development is increasing, which allows police officers to constantly improve their skills and increase the level of professional satisfaction. Professional self-realization of police officers is a multifaceted process that depends on many factors. Individual characteristics, organizational conditions, social support, and external influences all play an important role in shaping the level of professional satisfaction and development of police officers. Modern trends indicate the need to pay more attention to these factors in order to create favorable conditions for the work of police officers and ensure their professional growth (Shvets, Kisil, 2023).

Professional self-realization depends on a complex of factors, which can be divided into psychological, social, organizational, educational and economic. High self-esteem and confidence in one's abilities, as well as emotional stability, the ability to cope with stress and psychological tension, also contribute to professional growth. Social factors include support from colleagues and management, which increases job satisfaction and promotes professional growth, as well as family support, which helps to perform duties more effectively and achieve professional goals (Hryshchenko, 2023).

Organizational factors include favorable working conditions, provision of necessary equipment and resources, which significantly affect productivity and job satisfaction. The presence of clear

prospects for career growth, the possibility of training and professional development also contribute to professional self-expression. Educational factors include quality education and regular refresher courses to help police officers remain competent and confident in their knowledge, as well as ongoing professional development and self-improvement. Economic factors include competitive wages and social benefits that increase motivation and promote professional self-expression, as well as financial support, which includes housing, health insurance, and other welfare packages that affect job satisfaction.

## Conclusions

Professional self-realization of police officers depends on a complex of factors, which can be divided into psychological, social, organizational, educational and economic. Psychological factors include motivation to serve, related to a sense of duty, a desire for justice, and a desire to help society. Current trends include digitization and innovation, such as the use of the latest technologies for reporting and analysis, as well as modern means of communication, which facilitate the work of the police and contribute to increased efficiency. Globalization and international cooperation, which help police officers to improve their qualifications and apply best practices in their work, as well as the development of specialized units, such as cyber police, which contribute to a deeper professional specialization and self-realization of police officers. Thus, a comprehensive approach that includes psychological, social, organizational, educational and economic factors is key to achieving professional self-expression of police officers in modern conditions.

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